



Training Opportunities



- HPD - Health Promotion Director Course
 - selres attendance ??
- Health Promotion at the Deckplates
 - SURFLANT
 - San Diego
- Put Prevention Into Practice Workshop
 - clinical preventive services



**PUT PREVENTION
INTO PRACTICE**

AQD

Health Promotion Coordinator



- **Additional Qualification Designation**
 - 62H
- **Criteria**
 - NC, MC, MSC
 - HPD course/certification exam
 - one year experience

AQD

- Application process
 - BUMED Instruction 1001.2A (Reserve)
 - Career Plans Officer (Active Duty)
- POC for Reserves:
 - BUMED (MED-75)
 - LCDR Smith DSN 762-3408, Comm 202-762-3408
 - <http://bumed.med.navy.mil/instructions/external/external.htm>

Total Force Integration Strategies

- Gaining Command
 - RLO
 - Integrated Medical Support Plan (IMSP)
 - Augment MTF Health Promotion
 - PPIP/Primary Care
- Line/Fleet Support
 - shipboard opportunities



Total Force Integration Strategies

- Levels: Unit - Reserve Center - REDCOM
- HP Coordinators
- Wellness Committee
- Local Plan
 - command indoc
 - training evolution



Resources

- ➡ REDCOM 13 - CAPT John Oudshoorn
<http://www.redcom13.med.navy.mil>
- ➡ REDCOM 6 Link - CAPT M. Shephard
<http://www.cnrsf.navy.mil/redcom6/medical>
- ➡ NEHC Health Promotion
<http://www-nehc.med.navy.mil/hp>
- ➡ LIFELines Quality of Life Mall
<http://www.lifelines4qol.org>

Future

- ✦ Total Force HP Advisory Council
- ✦ AT/ADT/ADSW
 - MTFs
- ✦ Challenge
 - NEHC
 - BUMED
 - Fleet/Operational
 - Food Management Team





Summary



- ✦ Naval Reserve is a real asset to the Navy.
- ✦ Reservists are involved in fleet operations and ongoing evolutions.
- ✦ Goal: seamless Total Force integration
- ✦ Personnel are ultimately responsible for their own lifestyle choices and physical readiness.



Contact Us



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